



THE FRANKLIN FIVE

- SORT THROUGH YOUR DECORATIONS**
As you take down your holiday decorations, evaluate each item. Is it something you want to use again, or have you grown tired of it? Give special attention to the things that never came out of their boxes.
- MAKE AN ANNUAL BUDGET**
This month, track what you spend each day in your planner so you'll know where your money is going. Decide what you need to spend, where you can save, and determine to stick to your plan.
- REFOCUS YOUR EFFORTS**
Re-visit your long-term goals and decide what steps you'll take toward completing them this year. Set deadlines for accomplishing each step and plan them into your daily tasks.
- ASSESS YOUR ROLES**
With the start of a new year, write down each of the roles you play throughout the week: Parent, Child, Neighbor, Employee, and so on. Set goals to improve one thing in each of your roles throughout the year.
- CHECK YOUR HEALTH**
Make the doctor's appointment you've been putting off, check your diet, and establish a workout routine.

MY FOCUS FOR THIS MONTH

JANUARY

FUN HOLIDAYS THIS MONTH

1 NEW YEAR'S DAY

75% of resolutions will carry through the entire first week of January—but only 46% make it past six months. Beat the odds, use your planner to stay on track.



4 TRIVIA DAY

Stage a trivia event and see what questions your family comes up with. You can even make it a yearly tradition.



21



DR. MARTIN LUTHER KING JR DAY

Honor the legacy of a man who brought hope and healing to America. It started with a dream. Your planner can turn your dreams into a reality too.

23 NATIONAL HANDWRITING DAY

When you pick up your favorite pen to write in your planner, remember to thank the Egyptians and Chinese for inventing ink around 2500 BCE. They needed something more fluid than a chisel.

