



THE FRANKLIN FIVE



PRACTICE HABIT TWO

Begin with the end in mind. Every goal starts with a vision of "what if," but sometimes we lose sight of our dreams. That's normal. If you feel like you're slipping away from the goals you made in January, give yourself a boost. Re-envision your goals completed and write that vision in your planner. Place encouraging photos and messages where you'll see them often.



GIVE SERVICE

Everyone needs help now and again. This spring, plan and coordinate a service project with your friends and family—and give of yourself to those who need it.



PLAN A PLAY DATE WITH YOUR KIDS OR GRANDKIDS

Schedule a day in your planner with each of your children this month. It doesn't have to be a big event. Go to a movie, out for ice cream, hiking, shopping, or for a walk in the park. After all, it's the little things in life that turn out to be the big things.



GREEN IS GOOD

This month we celebrate St. Patrick's Day by wearing green. It's an ideal time to eat more greens as well. Find new recipes for broccoli, kale, asparagus, or bok choy, and set dates in your planner when you'll give them a try.



CHECK YOUR FORMS

Are you running low on any forms and tabs? If you use them regularly in your planner, it may be time to restock. See how they can help with your goals.

MY FOCUS FOR THIS MONTH

MARCH

FUN HOLIDAYS THIS MONTH

1 DAY OF UNPLUGGING

We're all so connected to our devices, it's easy to feel somewhat like Pavlov's dogs.



We react when the bell rings. Plan to unplug for a day and just enjoy the quiet.

10 DAYLIGHT SAVINGS TIME BEGINS

Remember we spring ahead and fall back. Set your clock an hour ahead Saturday night.



17 ST. PATRICK'S DAY

It started as a religious feast celebrating the patron saint of Ireland, and now it's an international holiday. Have fun, and don't forget to wear green.



20 FIRST DAY OF SPRING

Spring is a reminder of renewal. Look over your list of goals for the year and see if any of them could use a fresh boost of life.



30 PENCIL DAY

The first mass produced pencils were made in Nuremberg, Germany in 1662.

