



## THE FRANKLIN FIVE

### PRACTICE HABIT ONE

Be proactive. If life comes charging at you as soon as you wake up, you have little choice but to react. Instead, establish a morning routine to focus your mind on the things that matter most first, so you can choose to act, rather than react.

### PLAN YOUR FLOWER OR VEGETABLE GARDEN

If the weather isn't good enough for you to dig in the dirt, draw your garden in your planner. Decide which plants you're growing this year and determine where and when you'll plant them.

### PRACTICE MEAL PLANNING

Good, healthy food takes time and effort, both of which are in high demand. Improve your eating habits and upgrade your daily menu with a weekly meal planning routine.

### COMPLETE A SMALL INDOOR PROJECT

Before warmer weather pulls you outside, get moving on that little project that you've been putting off. Rearrange your family room, paint a bathroom, or complete some other DIY project.

### LEARN A NEW SKILL

We know that learning a new skill can take more than just one month. However, with so much of the year ahead of you, this is an ideal time to start. Set aside time each week to focus on studying and practicing. Whatever your goal, be sure to celebrate your efforts and focus on growth.

## MY FOCUS FOR THIS MONTH

# FEBRUARY

## FUN HOLIDAYS THIS MONTH

### 4 THANK A MAILMAN DAY

Mail carriers help our lives and businesses flow smoothly. Find a creative way to let them know you appreciate them (especially the one who delivers your FranklinPlanner order).



### 14 VALENTINE'S DAY

You don't need a soul mate to celebrate Valentine's Day. All you need is love. Share your feelings with your family and friends, and make this Valentine's Day meaningful.



### 17 PRESIDENT'S DAY

Some amazing people have led this beautiful country, making tough decisions to pull our nation through difficult times. May our presidents continue to choose wisely and lead with courage.



### 20 LOVE YOUR PET DAY

Take a minute today to pamper your pets and make them wonder what you're up to.

