

**GO THROUGH YOUR WARDROBE**

Most people wear 20% of their clothes 80% of the time. Give yourself more storage space by sifting through your clothes. Decide what you still want to wear and what you can pass along to someone else.

 **PRACTICE HABIT TWO**

Begin with the end in mind. Every goal starts with a vision of "what if," but sometimes we lose sight of our dreams. That's normal. If you feel like you're slipping away from the goals you made in January, Give yourself a boost. Re-envision your goals completed and write that vision in your planner. Place encouraging photos and messages where you'll see them often.

 **GREEN IS GOOD**

This month we celebrate St. Patrick's Day by wearing green. It's an ideal time to eat more greens as well. Find new recipes for broccoli, kale, asparagus, or bok choy, and set dates in your planner when you'll give them a try.

 **GIVE SERVICE**

Chances are good that everyone you know is dealing with something difficult. This month, determine to give of yourself and help alleviate another person's stress.

 **CHECK YOUR FORMS**

If you use forms regularly in your planner, it may be time to restock. If you aren't using forms, now is a good time to take a look at our selection. You may be surprised at how they can help with your goals.

**MY FOCUS FOR THIS MONTH**


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**KEY DATES**

- 1 WORLD COMPLIMENT DAY
- 5 NATIONAL EMPLOYEE APPRECIATION DAY
- 6 EMPLOYEE APPRECIATION DAY
- 6 NATIONAL DAY OF UNPLUGGING
- 8 INTERNATIONAL WOMEN'S DAY
- 14 DAYLIGHT SAVINGS TIME BEGINS
- 14 PI DAY
- 17 ST. PATRICK'S DAY
- 20 FIRST DAY OF SPRING
- 21 WORLD DOWN SYNDROME DAY

**WEEKLY OBSERVANCES**

- 7-13 INTERNATIONAL WOMEN'S WEEK

**MONTHLY OBSERVANCES**

- NATIONAL WOMEN'S HISTORY MONTH
- AMERICAN RED CROSS MONTH
- NATIONAL SOCIAL WORK MONTH