

MARCH

THE FRANKLIN FIVE

- CLEAN YOUR CAR**
As the weather begins to warm up, take the time to clean out your car, making it feel fresh and new. Declutter the things that don't belong there, shake out the car mats, and head to the car wash.
- GO THROUGH YOUR WARDROBE**
Most people wear 20% of their clothes 80% of the time. Give yourself more storage space by sifting through your clothes. Decide what you still want to wear and what you can pass along to someone else.
- CHECK YOUR FORMS**
If you use forms regularly in your planner, it may be time to restock. If you aren't using forms, now is a good time to take a look at our selection. You may be surprised at how they can help with your planning, organization, and goals.
- SCHEDULE SOME ME-TIME**
Go through your calendar and schedule time for yourself when you can go for a walk, read a book, or watch your favorite tv show. Remember to prioritize this time so you'll always have renewed energy for the activities you need to do and that you're stress free when you have time with your family and friends.
- PRACTICE HABIT ONE**
Be proactive. If life comes charging at you as soon as you wake up, you have little choice but to react. Instead, establish a morning routine to focus your mind on the things that matter most first, so you can choose to act, rather than react.

MY FOCUS FOR THIS MONTH

KEY DATES

- 1 World Compliment Day
- 2 Ash Wednesday
- 4 Employee Appreciation Week
- 4 National Day of Unplugging
- 8 International Women's Day
- 13 Daylight Savings Time Begins
- 17 St. Patrick's Day
- 20 Spring Equinox
- 21 World Down Syndrome Day
- 25 International Waffle Day

WEEKLY OBSERVANCES

- 6-12: International Women's Week
- 27-31: National Cleaning Week

MONTHLY OBSERVANCES

- American Red Cross Month
- National Women's History Month
- National Nutrition Month
- National Reading Month