

APRIL

THE FRANKLIN FIVE

PRACTICE HABIT TWO

Begin with the end in mind. Every goal starts with a vision of “what if”, but sometimes we lose sight of our dreams. That’s normal. If you feel like you’re slipping away from the goals you made in January, give yourself a boost. Re-envision your goals completed and write that vision in your planner. Place encouraging photos and messages where you’ll see them often.

BEGIN SPRING CLEANING

However you prefer to clean in the spring, this is the time to roll up your sleeves and dig in. Plan each step in your planner so you aren’t overwhelmed — from cleaning ceilings, to kitchen cupboards, right down to the tiny nooks and crannies.

SPEND TIME IN NATURE

This is a great time to get out and soak up nature. As the weather changes around the world, birds start their migratory pattern. So, if you are a bird enthusiast, you could enjoy a greater variety of birds as they pass through your area.

SCHEDULE APPOINTMENTS

We all have appointments that are important but we procrastinate making. Go see your doctor or dentist, take your pet to the vet, or get the oil changed in your car. Even if you have to schedule them on a day far in the future, get a date set and in your planner.

GET THE GARDEN READY

In many regions this is a great time to plant bulbs and seeds. It may be cold, but the flowers will grow as soon as warmer weather arrives. Most bulbs are perennials that die back in late summer, making it hard to remember what’s growing where. Make a note of what you plant in your planner so you can keep track of your garden throughout the year. This is also a great time to grow cool weather vegetables like peas and lettuce.

MY FOCUS FOR THIS MONTH

KEY DATES

- 1 April Fool’s Day
- 2 Ramadan Begins
- 6 National Walking Day
- 10 Palm Sunday
- 11 National Pet Day
- 14 National Gardening Day
- 15 Good Friday
- 15 Tax Day
- 16 First Day of Passover
- 17 Easter Sunday

- 22 Earth Day
- 27 Administrative Professionals Day
- 29 Arbor Day

WEEKLY OBSERVANCES

- 3-9: National Library Week
- 17-23: National Volunteer Week

MONTHLY OBSERVANCES

- Autism Awareness Month
- National Poetry Month