

# March

## THE FRANKLIN FIVE

### ○ PRACTICE HABIT TWO

Begin with the end in mind. Every goal starts with a vision of "what if", but sometimes we lose sight of our dreams. That's normal. If you feel like you're slipping away from the goals you made in January, give yourself a boost. Re-envision your goals completed and write that vision in your planner. Place encouraging photos and messages where you'll see them often.

### ○ CLEAN YOUR CAR

As the weather begins to warm up, take the time to clean out your car, making it feel fresh and new. Declutter the things that don't belong there, shake out the car mats, and head to the car wash.

### ○ GO THROUGH YOUR WARDROBE

Most people wear 20% of their clothes 80% of the time. Give yourself more storage space by sifting through your clothes. Decide what you still want to wear and what you can pass along to someone else.

### ○ CHECK YOUR FORMS

If you use forms regularly in your planner, it may be time to restock. If you aren't using forms, now is a good time to take a look at our selection. You may be surprised at how they can help with your planning, organization, and goals.

### ○ SCHEDULE SOME ME-TIME

Go through your calendar and schedule time for yourself when you can go for a walk, read a book, or watch your favorite tv show. Remember to prioritize this time so you'll always have renewed energy for the activities you need to do and that you're stress free when you have time with your family and friends.

## WEEKLY OBSERVANCES

- 4-10:** International Women's Week
- 26-31:** National Eating Disorders Awareness Week

## MONTHLY OBSERVANCES

- Women's History Month
- National Disability Awareness Month
- National Nutrition Month

## KEY DATES

- 1** World Compliment Day
- 3** Employee Appreciation Day
- 4** National Day of Unplugging
- 8** International Women's Day
- 12** Daylight Savings Time Begins
- 17** St. Patrick's Day
- 20** Spring Equinox
- 21** World Down Syndrome Day
- 22** Ramadan Begins
- 25** International Waffle Day

## MY FOCUS FOR THIS MONTH

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