

- **Play a Trick**  
Kick off the month by celebrating April Fools' Day with a fun trick! This can be easy, fun, and completely harmless, such as switching bags of cereal to different boxes, putting mayonnaise in the middle of a sandwich cookie, or turning pieces of furniture upside down around the house.
- **Begin Spring Cleaning**  
However you prefer to clean in the spring, this is the time to roll up your sleeves and dig in. Plan each step in your planner so you aren't overwhelmed — from cleaning ceilings, to kitchen cupboards, right down to the tiny nooks and crannies.
- **Schedule Appointments**  
We all have appointments that are important but we procrastinate making. Go see your doctor or dentist, take your pet to the vet, or get the oil changed in your car. Even if you have to schedule these on a day far in the future, get a date set and in your planner.
- **Discover New Art**  
Search where to find murals, statues, and graffiti in your city and spend the day exploring the local art. You may also be able to find a museum or art show! Become a tourist in your own city and let the art inspire you.
- **Visit Your Local Library**  
Most of our entertainment and learning is done online in front of a screen. When we go to the library we are invited to slow down and explore. Take time to browse the shelves and discover new treasures to bring home!

## MY FOCUS FOR THIS MONTH

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### KEY DATES

- 1 April Fools' Day
- 2 National Walking Day
- 3 World Party Day
- 7 World Health Day
- 12 Passover Begins
- 13 Palm Sunday
- 14 National Gardening Day
- 15 Tax Day
- 18 Good Friday
- 20 Easter
- 21 Patriots' Day
- 22 Earth Day
- 23 Administrative Professionals Day
- 25 Arbor Day

### WEEKLY OBSERVANCES

- 6-12 National Library Week
- 7-13 National Public Health Week

### MONTHLY OBSERVANCES

- Stress Awareness Month
- Move More Month
- Financial Literacy Month
- National Poetry Month