

The Franklin Five

MAY

- **Go for a Bike Ride**
May is National Bike Month. Riding a bike is a great form of exercise. It's also a fun way to discover more about your city or travel in a new way!
- **Visit a New Local Restaurant**
Dining out can be a great experience, but many times we end up going to the same tried and true places. This month, branch out and try something new. You could even try a cuisine you've never had before!
- **Celebrate Mothers**
Mother's Day is a time to celebrate all women who nurture and inspire us. Find one woman you admire and express your gratitude with a gift or note letting her know how much you appreciate her example and impact in your life.
- **Update Your Bucket List**
Our dreams change over the course of our lives. Something you put on your bucket list five years ago might have been completed already or might not excite you like it used to. Take those things off and replace them with new dreams you've discovered.
- **Plan a Vacation**
Summer is right around the corner, which makes this the perfect time to plan a getaway. Determine your itinerary now so you can save on reservation fees and get the dates, times, and locations you truly desire.

MY FOCUS FOR THIS MONTH

KEY DATES

- 1 May Day
- 4 World Laughter Day
- 5 Cinco de Mayo
- 10 National Clean Your Room Day
- 11 Mother's Day
- 17 Armed Forces Day
- 18 National Museum Day
- 19 Victoria Day (Canada)
- 26 Memorial Day
- 29 Red Nose Day (Comic Relief)
- 30 National Creativity Day

WEEKLY OBSERVANCES

- 5-11 Screen Free Week
- 18-24 National EMS Week

MONTHLY OBSERVANCES

- Asian American Month
- National Bike Month
- National Photography Month