August

FRANKLIN FIVE

GET READY FOR SCHOOL

Your kids may drag their feet, but it's time to gear up for the upcoming school year. Buying new clothes, school supplies, and a new planner is a given, but you may also need to upgrade your internet speed if your kids' homework is done online. Start planning now to help ensure your kids are successful and keep a balanced schedule.

ENJOY A CAMPFIRE

Gathering around a campfire is a fun way to spend time with loved ones and enjoy the outdoors. Watching the fire is mesmerizing and it's a great excuse to cook some s'mores!

PRACTICE HABIT 3: PUT FIRST THINGS FIRST

Every decision we make about how to spend our time should be oriented toward what's most important. That means carefully assessing our roles and goals and protecting time for the Big Rocks every week so they don't get overwhelmed by all the other things fighting for our attention.

DONATE YOUR CLUTTER

Take stock of what you have, need, and love but are ready to let go of. Going through all of your stuff and finding things that are in good condition but you no longer use lets you tidy up your space and pass down items that others can use.

THROW AN "END OF SUMMER" PARTY

While it's not the official end of summer, school is almost back in session. Why not celebrate the joy of summer and all of the memories you've made while the weather is still good?

KEY DATES

3	Civic Holiday (Canada)
9	National Book Lovers Day
15	National Relaxation Day
16	Tell a Joke Day
19	World Humanitarian Day
22	Folklore Day
30	National Beach Day

WEEKLY OBSERVANCES

3–9	Simplify Your Life Week
25–31	Be Kind to Humankind Week

MONTHLY OBSERVANCES

- National Picnic Month
- Happiness Happens Month
- National Wellness Month

MY FOCUS FOR THIS MONTH